

Mental Health Overview

Sedgwick County – Kansas



*Sedgwick County...
working for you*

Sedgwick County Sheriff's Office



*Sedgwick County...
working for you*

Detention Facility

- ▶ The Sedgwick County Detention Facility has 1158 beds.
- ▶ On August 16, 2017:
 - 1504 total inmates housed
 - 260 housed out of county



Sedgwick County...
working for you

Medical Statistics

- ▶ 2015: 18 patients cost: \$570,205 this included hospitalization. Fortunately we received the Medicaid rate, if we would have had to pay the regular cost the expense would have been \$5.3 million.
- ▶ 2016 medical cost: \$5.6 million.
- ▶ On average: 1 inmate is taken to the emergency room every day.
- ▶ From 1/1/16 to 4/30/17, patients on psych meds totaled 4,365 (approximately 273 on psych meds per month).



Sedgwick County...
working for you

Medical Statistics

- ▶ 2016: 42,000 PA and Nurse visits in the facility
 - 2200 mental health visits
 - 270 in house dental visits
 - 700 in house doctor visits
 - 450 outside doctor's appointments
- ▶ All categories total: 45,620 office visits
- ▶ On average: an inmate sees a medical provider once every 11 days.



Sedgwick County...
working for you

Mental Health

- ▶ 350 inmates or 25% of our inmate population is diagnosed with some form of mental illness.
- ▶ We are experiencing a significant increase in drug induced mental illness.
- ▶ 400 inmates or 29% are suspected of having a mental illness.
- ▶ Approximately 1000 or 73% of all inmates have a chemical dependency.
- ▶ A vast majority with mental illness also have a dual diagnosis of chemical dependency.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ Inside the facility, comprehensive mental health services include:
 - An initial mental health evaluation
 - Individualized treatment plans
 - Brief solution focused therapy
 - Group therapy sessions
 - Psych education
 - Medication management
 - Discharge planning and case management



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ Inmates who are identified by medical or detention staff, who are in need of mental health care are referred to mental health professionals to determine the level of care that is needed.
- ▶ An initial mental health evaluation is completed by qualified mental health professionals including master level social workers and psychologists.
- ▶ A referral is made based on the outcome of the evaluation.
- ▶ Those who are prescribed medications are seen for follow-up as the provider deems necessary.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ Those inmates who present with a need for a higher level of care are referred for placement in the mental health management unit.
- ▶ They are seen by a qualified mental health professional on a regular bases and they are seen by the psychiatric team.
- ▶ Both group therapy and activity therapy services are offered.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ Inmates who present with suicidal ideations or a history of suicide attempts within the last year are placed on suicide watch and housed in the clinic.
- ▶ This level of care is also used when inmates are in acute crises.
- ▶ Inmates are seen daily by qualified mental health professionals who focus on assisting the inmate with returning to their baseline level of functioning.
- ▶ This can include brief solution focused therapy, coping skill building and pharmaceutical intervention.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ When the Mental Health Unit was formed a process was put in place with COMCARE to streamline the process when an inmate is released from custody.
- ▶ This includes COMCARE completing paperwork prior to the inmate's release and the inmate/patient being transported directly to COMCARE for treatment or to another local facility for treatment.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ The reason this takes place is due to once an inmate is booked into jail the state of Kansas suspends all Medicaid/Medicare benefits and they have to re-enroll upon their release.
- ▶ The state of Texas pauses the medical card up to 45 days which is a possible solution to this problem.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ Number of transports of inmates/patients from January 2016 to May of 2017:
- ▶ Total transports: 549



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ From 1/1/16 to 4/30/17 a total of 12,467 patients/inmates were seen by the clinic.
- ▶ On average 779 patients/inmates were seen per month.
- ▶ The visits consisted of:
 - New patient visits
 - Follow up visits
 - Psychiatric Nurse Visits
 - MH Screens
 - Special needs contacts
 - Segregation rounds
 - Group Therapy sessions
 - Discharge planning contacts



Sedgwick County...
working for you

Mental Health Management Detention Facility

Larned Statistical Information

	Inm on Waiting List for LSSH	Avg Time on Wait List	Longest Time Currently on Wait List	# of Inm Sent to LSSH
Apr-17	8.00	67.30	95.00	2.00
Mar-17	9.00	55.40	117.00	3.00
Feb-17	9.00	39.00	86.00	2.00
Jan-17	7.00	42.00	84.00	7.00
Dec-16	10.00	60.00	111.00	2.00
Nov-16	9.00	57.00	86.00	5.00
Oct-16	12.00	58.00	98.00	4.00
Sep-16	10.00	47.00	87.00	5.00
Aug-16	13.00	44.00	71.00	6.00
Jul-16	14.00	33.50	95.00	6.00
Jun-16	11.00	68.00	128.00	8.00
May-16	17.00	67.00	128.00	1.00
Avg	10.75	53.18	98.83	4.25



Sedgwick County...
working for you

Calls for Service Judicial Division

- ▶ From 1/1/17 to 5/15/17 statistical information:
 - Transported to Osawatomie: 6
 - Apple Bus transports to Osawatomie: 104
 - Transported to Larned: 75
 - Civil care and treatment orders received: 729
 - Civil care and treatment orders served: 631
 - Civil care and treatment pick-up orders: 3
 - Civil care and treatment pick-up orders served: 2



Sedgwick County...
working for you

Calls for Service Patrol Division

- ▶ Patrol Division responds to several locations in the city of Wichita that cares for mentally ill patients.
- ▶ Below is the number of calls for service in which a deputy responded between 1/1/17 and 5/15/17.
 - 1919 N. Amidon: 49
 - 1929 W. 21st North: 39
 - 1969 W. 21st North: 35
 - 122 N. Millwood: 67
 - 635 N. Main: 1072
 - 940 N. Waco: 5
 - 934 N. Water: 13
 - 2400 S. Greenwich: 7

Total calls for service for 4 ½ months: 1287



*Sedgwick County...
working for you*

Cases Created by Our Records Section

- ▶ When a case is made by the deputy in the field on a mentally ill patient, records staff is required to enter each case into a computer and then provide the case electronically to the Kansas Bureau of Investigation. On average, each case takes thirty minutes to enter.
 - 141 W. Elm: 707 cases
 - 635 N. Main: 196 cases
 - 940 N. Waco: 8 cases
 - 905 N. Main: 2 cases



Sedgwick County...
working for you

Cases Created by Our Records Section Continued

- 1919 N. Amidon: 7 cases
 - 1720 E. Morris: 16 cases
 - 1929 and 1969 W. 21st North: 13 cases
- ▶ A total of 949 cases have been entered into our records system.
- ▶ Total of hours spent: 474.5 hours



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ In 2016, we had two inmates who were very violent and were released on their charges. They had commitment papers and were taken to Via Christi to house until Osawatomie had a bed opening.
- ▶ Neither of these patients/inmates should have been taken to Via Christi because they could not handle them. However, by State Law, the Sheriff's Office could not hold them due to them not being in our custody.



Sedgwick County...
working for you

Mental Health Management Detention Facility

- ▶ SCSO has 228 deputies trained in CIT.
- ▶ Osawatomie considers themselves to be acute care and not long term care.
- ▶ Where in Kansas do those in need of long term care go?
 - *Right now back to our communities usually within 10 days and back into jail to start this chain of events all over again.*
- ▶ With the change in State policy, moving mentally ill inmates to El Dorado, is there going to be an increase of mentally ill parolee's coming to Wichita?



Sedgwick County...
working for you

Moving Forward

- ▶ The SCSO is overwhelmed along with our partners.
- ▶ Osawatomie has been under a moratorium for over 2 years.
- ▶ Larned is backlogged which clogs the court system.
- ▶ We need State Legislatures to recognize the issues we face locally and meet with this group of professionals to come up with solutions to this ever growing problem.



Sedgwick County...
working for you

Wichita Police Department

Community Mental Health Issues: A Departmental Perspective



Sedgwick County...
working for you

Wichita Police Department

Calls for Service by Type and Year

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Suicidal	1340	1623	1611	1790	1945	2221	2475	2629	2993	3114	3297
Mental	373	384	492	677	664	456	492	448	471	454	196
Total	1713	2007	2103	2467	2609	2677	2967	3077	3464	3568	3493

- From 2006 to 2016
 - 30,145 Calls For Service



*Sedgwick County...
working for you*

Wichita Police Department

Calls for Services that resulted in a case

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Suicidal	1089	1299	1321	1489	1573	1620	1798	2029	2412	2494	2617
Mental	248	235	225	315	272	304	324	160	225	222	92
Total	1337	1534	1546	1804	1845	1924	2122	2189	2637	2716	2709

- From 2006 to 2016
 - 22,363 Cases



Sedgwick County...
working for you

Wichita Police Department

- ▶ What we are doing to alleviate problems
 - Training in Mental Health First Aid and Crisis Intervention Team
 - MHFA
 - Commissioned trained 603
 - Non-Commissioned 163
 - CIT
 - 103 Officers
 - 16 more will be trained in June 2017
- ▶ Exploring funding options to embed social workers
 - In the four substations



Sedgwick County...
working for you

Sedgwick County Comcare

Community Crisis Center

635 North Main
Wichita, Kansas



*Sedgwick County...
working for you*



The Community Crisis Center provides 24/7, single-point-of-entry access to an integrated array of regional community based crisis mental health and substance use disorder services.



*Sedgwick County...
working for you*

Continuum of Crisis Services

- ▶ 24/7 crisis hotline
- ▶ 24/7 walk-in crisis intervention
- ▶ 23-hour adult outpatient Crisis Observation Unit
- ▶ Adult Crisis Stabilization Unit
- ▶ Children's Crisis Beds (at Wichita Children's Home)
- ▶ Mobile crisis services
- ▶ Sobering/detox services (SACK)
- ▶ Family support (NAMI)
- ▶ Inpatient services at Via Christi



*Sedgwick County...
working for you*

24/7 Crisis Hotline

- ▶ Hotline: 660-7500
- ▶ Over 70,000 Crisis calls per year
- ▶ Answer for Sedgwick, Butler, & Sumner Counties
- ▶ National Suicide Prevention Lifeline Crisis Center for Sedgwick County
- ▶ Goal to add online “chat” service in 2017



Sedgwick County...
working for you

24/7 Crisis Intervention



- ▶ 8,000 unscheduled crisis visits in 2016
- ▶ Since January 1, 2017—5410 unscheduled visits
- ▶ Walk-in & law enforcement referrals
- ▶ 327 Jail Referrals in 2016
- ▶ 149 Jail Referrals since January 1, 2017
- ▶ All ages
- ▶ Sedgwick, Sumner, Butler Counties
- ▶ Televideo crisis intervention
- ▶ State hospital screening



Sedgwick County...
working for you

CCC Snapshot – May 10, 2017

Services Provided

27 unscheduled walk-ins
5 LEO referrals
2 school referrals

11 COU/CSU
assessments



Potential Savings to the Community

If all unscheduled crisis visits on this day had been seen in the ED, the estimated cost to the community---\$96, 934

If all were hospitalized—
\$168,190

Total estimated savings to the community--\$265,124



*Sedgwick County...
working for you*

Crisis Observation Unit

- ▶ 6 recliners
- ▶ Up to 23 hours of supervised care
- ▶ Assists with deescalating the severity of crisis
- ▶ Assessment for higher levels of care
- ▶ Engagement in follow-up care
- ▶ Medication management
- ▶ SOAR specialist



*Sedgwick County...
working for you*

Crisis Stabilization Unit

- ▶ Located at 1720 East Morris
- ▶ 6 beds available to provide 3 to 5 days of supervised crisis care to stabilize crisis
- ▶ 2 beds available to provide a 7–14 day stabilization option in a more residential setting
- ▶ Licensed for 8 beds
- ▶ Plan for transitions to ongoing supports



Sedgwick County...
working for you

Children's Crisis Bed

- ▶ 2 beds with supervised care at Wichita Children's Home
- ▶ Assists with stabilizing crisis and reducing acute symptoms
- ▶ Avoids higher levels of care and travel to other communities/states
- ▶ Engagement in follow-up services



Sedgwick County...
working for you

Sobering/Detox Unit

- ▶ Operated by Substance Abuse Center of Kansas (SACK)
- ▶ 13 detox and 6 sobering beds currently
- ▶ Capacity to increase to 15 detox beds
- ▶ Accept referrals 24/7



Sedgwick County...
working for you

Sobering/Detox Unit Goals

- ▶ Divert clients not appropriate for detention, and hospital thus reducing inappropriate admissions and/or reducing length of stay;
- ▶ Assist clients in achieving abstinence from alcohol and other drugs;
- ▶ Assist in safely addressing withdrawal; and
- ▶ Engage clients in treatment and engage them in ongoing care.



Sedgwick County...
working for you

SACK 2017 Snapshot

Since January 1, 2017

347 Sobering
Admissions—90% of
those were uninsured

747 Detox Admissions—
80.4% of those were
uninsured

Potential Savings to the
Community

If all had presented at the
ED--\$989,297

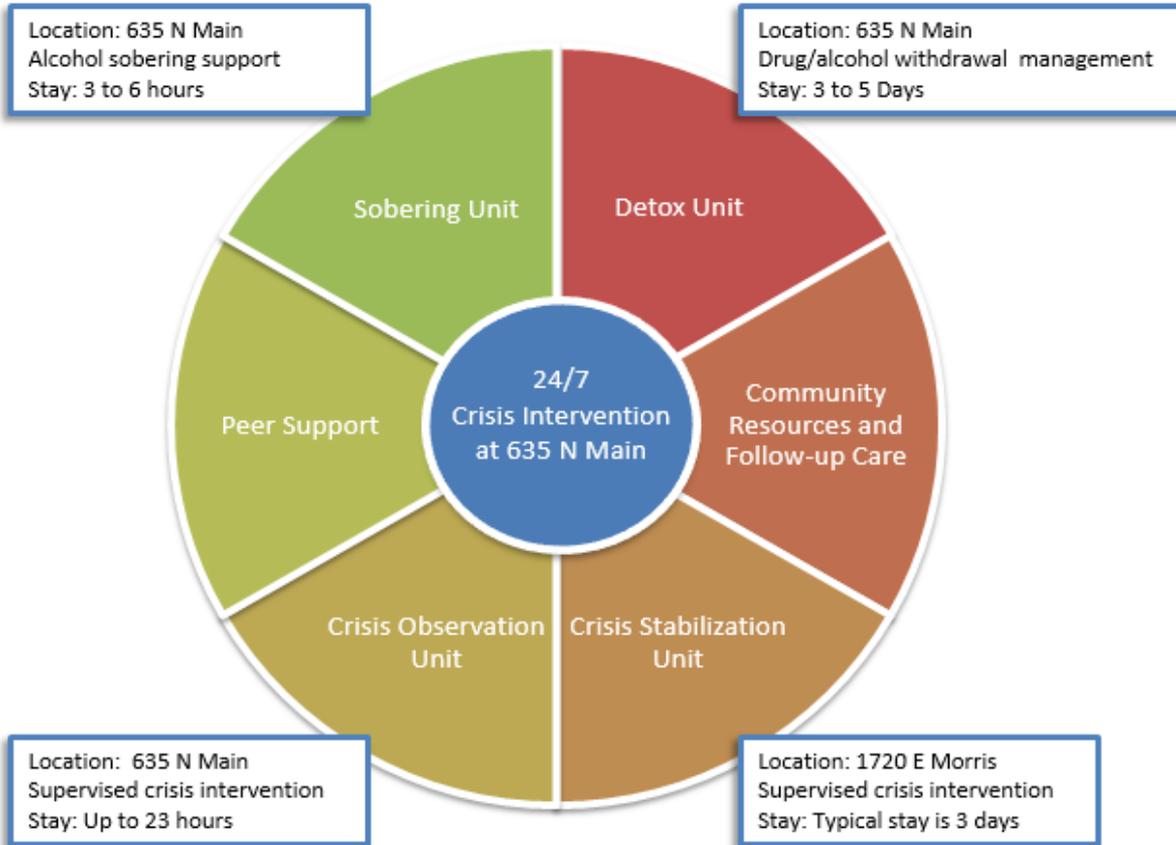
If all had presented at the
ED--\$2,129,697



Sedgwick County...
working for you

Community Crisis Center

Primary Services



Sedgwick County...
working for you

Sedgwick County State Hospital Bed Days

	2014*	2015*	Total Avoided
Bed Days	18,434	12,284	6,150
Cost	\$ 15,208,050	\$ 10,134,300	\$ 5,073,750

**annualized numbers based on 6 months of data from May through October at \$825 per day*

Sedgwick County State Hospital Admissions

	2014*	2015*	Savings
Admissions	720	364	356
Cost	\$270,000	\$136,500	\$133,500

**annualized numbers based on 6 months of data from May through October*



*Sedgwick County...
working for you*

Moratorium Impact

2016

343 community members on the wait list

638 days waiting

6 community members declined

2017

232 community members on the wait list

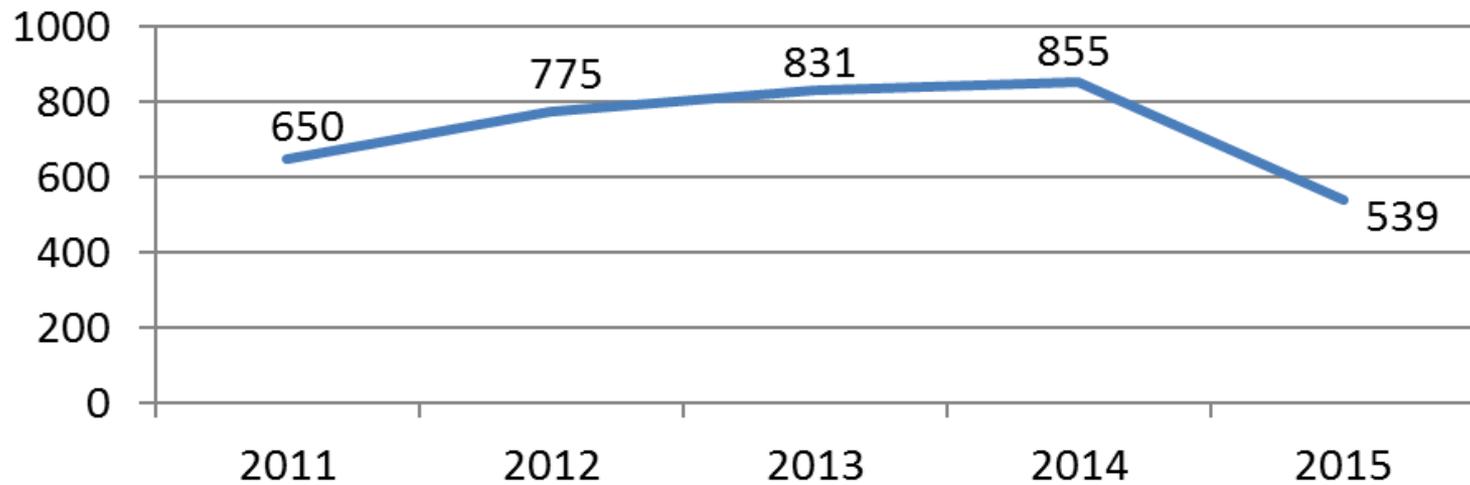
414 days waiting

34 community members declined



*Sedgwick County...
working for you*

Probate Care & Treatment Cases



**2015 data is annualized based on data from January through October 2015*



*Sedgwick County...
working for you*

Crisis Continuum Grant Services

	2015	2016	As of July 31, 2017
Crisis Observation Unit	1059	1096	584
Children's Crisis Unit	91	58	22
Sobering Unit	338	379	308
Detox Unit	411	762	649
Grant Services Totals	1899	2295	1563



*Sedgwick County...
working for you*

Diversions

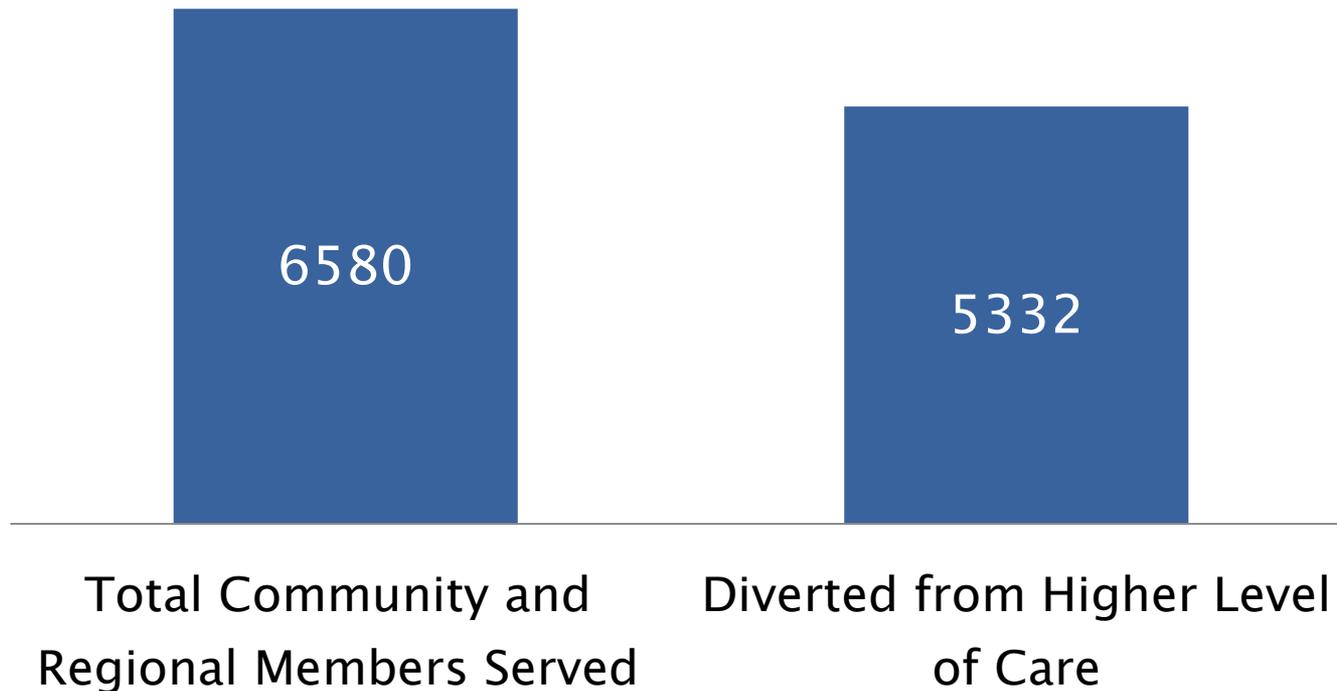
	Number Served	Number Diverted	Diversion from Higher Level of Care
Adults	4630	4017	87%
Children	780	650	83%
Screens & Assessments (Hospital Setting)	1170	665	57%



*Sedgwick County...
working for you*

Community and Regional Members

81% Successful Diversions



*Sedgwick County...
working for you*

WSU POST IMPLEMENTATION STUDY 2016

Actual Cost Avoidance (Conservative)

LOW	HIGH	AVERAGE
\$5,931,217	\$10,275,631	\$8,103,425



*Sedgwick County...
working for you*



*Sedgwick County...
working for you*

Wesley

All Behavioral Health Presenting to the Emergency Department

- ▶ 2,703 Total Patients (Rolling calendar year ending August 2017)
 - 225 Avg pts/month
 - 7.4 Avg pts/day
- ▶ Arrival Mode
 - 30% via ambulance
 - 70% via POV
- ▶ 12% patients admitted internally
- ▶ 5% patient transferred
- ▶ 82% discharged from Emergency Department



*Sedgwick County...
working for you*



*Sedgwick County...
working for you*

Via Christi

Patients with Psychiatric Complaints presenting to the Emergency Department

- 6,299 Total Patients (Rolling calendar year ending Aug. 2017)
 - 525 average patients per month
 - 17 average patients per day
- Arrival Mode
 - 21% arrived via law enforcement (1,350 yr)
 - 19% arrived via ambulance (1,216 yr)
 - 50% arrived via private vehicle (3,144 yr)
 - 9% arrived via unknown method (586 yr)
- 63% (3,996) of patients were admitted to the Assessment Center, VC Behavioral Health Hospital, or a VC Inpatient Unit
- 37% (2,303) discharged from the ED



Sedgwick County...
working for you

Via Christi

▶ St. Joseph Campus

- 10 –16 patients/day waiting in ED, Avg Wait is 7 hours
- 9 patients/day waiting in ASC, Avg Wait is 9 hours
- Senior Behavioral Health Unit: ADC 18, 4–6 patients/day on wait list (as of August 2017)

▶St. Francis Campus

- 1–2 patients/day waiting in ED

▶St. Teresa Campus

- 0–1 patients/day waiting in ED

▶VC Behavioral Health Hospital

- ADC 50 – 54
- 12 – 14 patients/day on wait list (as of August 2017)



Sedgwick County...
working for you

Questions?



Sedgwick County...
working for you